

Instruction Manual **READ CAREFULLY BEFORE USE** THE EQUIPMENT



Elements of the seat board

(1) Attachment connector, (2) Suspension element. (3) Suspension webbings, (4) Connecting / Adjusting buckle, (5) Waist strap, (6) Croatch strap, (7) Seat.

PERIODIC INSPECTIONS

The device must be inspected at least once every 12 months from the date of first use. Periodic inspections must only be carried out by a competent person who has the knowledge and training required for personal protective equipment periodic inspections. Depending upon the type and environment of work, inspections may be needed to be carried out more frequently than once every 12 months. Every periodic inspection must be recorded in the Identity Card of the equipment.

MAXIMUM LIFESPAN OF THE EQUIPMENT

The maximum lifespan of the device is 10 years from the date of manufacture. The device with lanvard must be withdrawn from use immediately and destroyed when it has been used to arrest a fall or it fails to pass inspection or there are any doubt as to its reliability.

ATTENTION: The lifetime of the device depends on the intensity of usage and the environment of use. Using the device in rough environment, marine environment, contact with sharp edges, exposure to extreme temperatures or agressive substances, etc. can lead to the wthdrawal from use even after one use.

- the seat board shall only be used by a person trained and competent in its safe use. - the seat board must be used in conjunction with full body harness and fall arrest equipment.

ORCE

SEAT BOARD

- the seat board is not personal protective equipment and must be never use alone. - it is forbidden to make any alterations or additions to the seat board without the manufacturer's prior written consent.

- any repair shall only be carried out by device manufacturer or his certified representative. - before use ensure about the compatibility of items of equipment assembled into a fall arrest system. Periodically check connecting and adjusting of the equipment components to avoid accidental loosening or disconnecting of the components.

- it is forbidden to use combinations of items of equipment in which the safe function of any one item is affected by or interferes with the safe function of another. - before each use of the seat boardit is obligatory to carry out a pre-use check of the equipment, to ensure that it is in a serviceable condition and operates correctly before it is

used. - during pre-use check it is necessary to inspect all elements of the equipment in respect of any damages, excessive wear, corrosion, abrasion, cutting or incorrect acting. - after every 12 months of utilization, the seat board must be withdrawn from use to carry out periodical detailed inspection. The periodic inspection must be carried out by a competent person for periodic inspection. The periodic inspection can be carried out also by the manufacturer or his authorized representative.

In case of some types of the complex equipment e.g. some types of retractable fall arresters the annual inspection can be carried out only by the manufacturer or his authorized representative.

- regular periodic inspections are the essential for equipment maintenance and the safety of the users which depends upon the continued efficiency and durability of the equipment. - during periodic inspection it is necessary to check the legibility of the equipment marking. - it is essential for the safety of the user that if the product is re-sold outside the original country of destination the reseller shall provide instructions for use, for maintenance, for periodic examination and for repair in language of the country in which the product is to be used.

- the seat board must be withdrawn from use immediately when any doubt arise about its condition for safe use and not used again until confirmed in writing by equipment manufacturer or his representative after carried out the detailed inspection. - the device must be withdrawn from use immediately and destroyed when it have been

used to arrest a fall. - a full body harness is the only acceptable body holding device that can be used, in a fall arrest system.

- the anchor device or anchor point for the fall arrest system should always be positioned, and the work carried out in such a way, as to minimise both the potential for falls and potential fall distance. The anchor device/point should be placed above the position of the user . The shape and construction of the anchor device/point shall not allowed to selfacting disconnection of the equipment. Minimal static strength of the anchor device/point is 12 kN. It is recommended to use certified and marked structural anchor point complied with EN795

- it is obligatory to verify the free space required beneath the user at the workplace before each occasion of use the fall arrest system, so that, in the case of a fall, there will be no collision with the ground or other obstacle in the fall path. The required value of the free space should be taken from instruction manual of used equipment.

- the seat board must be transported in the package (e.g.: bag made of moisture-proof textile or foil bag or cases made of steel or plastic) to protect it against damage or moisture.

- the seat board can be cleaned and desinfected without causing adverse effect on the materials in the manufacture of the equipment. For textile products use mild detergents for delicate fabrics, wash by hand or in a machine and rinse in water. Plastic parts can be cleaned only with water. When the equipment becomes wet, either from being in use or when due cleaning, it shall be allowed to dry naturally, and shall be kept away from direct heat

- the device should be stored loosely packed, in a well-ventilated place, protected from direct light, ultraviolet degradation, damp environment, sharp edges, extreme temperatures and corrosive or aggressive substances.

Position during work

Connecting of the strap

Front view Back view

fall arrest system attached to the back attaching point of the harness









suspension rope

IDENTITY CARD								
MODEL AND TYPE OF EQUIPMENT								
REF. NUMBER							<i>`\ </i>	///////////////////////////////////////
SERIAL NUMBER					DATE OF N	ANUF.		
USER NAME								
DATE OF PUTTING INTO OPERATIO								
DA	te of I	PURCHA	SE					
PERIODIC EXAMINATION AND REPAIR HISTORY								
	DATE	REASON FOR ENTRY PERIODIC EXAMINATION OR REPAIR		DEFECTS NOTED, REPAIRS CARRIED OUT AND OTHER REVELANT INFORMATIONS		NAME AND SIGNATURE OF COMPETENT PERSON		PERIODIC EXAMINATION NEXT DUE DATE
1								
2								
3								
4								

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